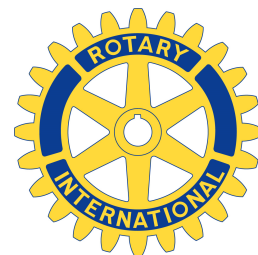


The Harry & Renee Haag and The Rotary Club of Avon-Canton

LIFE EDUCATION CENTER



Your support will ensure happy, healthy, and productive lives for our family members, co-workers, neighbors, and friends with intellectual and developmental disabilities.

Together, we have an opportunity to create the **LIFE EDUCATION CENTER**...an innovative and multi-purpose facility that will provide the foundation for our unique Whole-Person (3-Pillar) approach to programs and supports.



The Need

The need for Favarh services continues to grow. Each year, more and more families choose Favarh. Here are some of the reasons why:

"The focus at Favarh is not on the disability but on the ability. We feel they are very cutting edge in terms of where they are going in terms of pushing the relative independence of their clients. When you look at this agency you should see cause for a lot of hope."

– Rick Lenz

"Ben has changed a lot since he started coming to Favarh. He has grown a lot. He's become much more self-confident. He has a great work ethic. He is achieving his personal best and I feel that Favarh has played a huge role in that."

– Debbie McAlenney

"The employees at Favarh are dedicated to helping all their clients have a meaningful life. They are caring, loving teachers. I feel very fortunate to be a part of this family at Favarh."

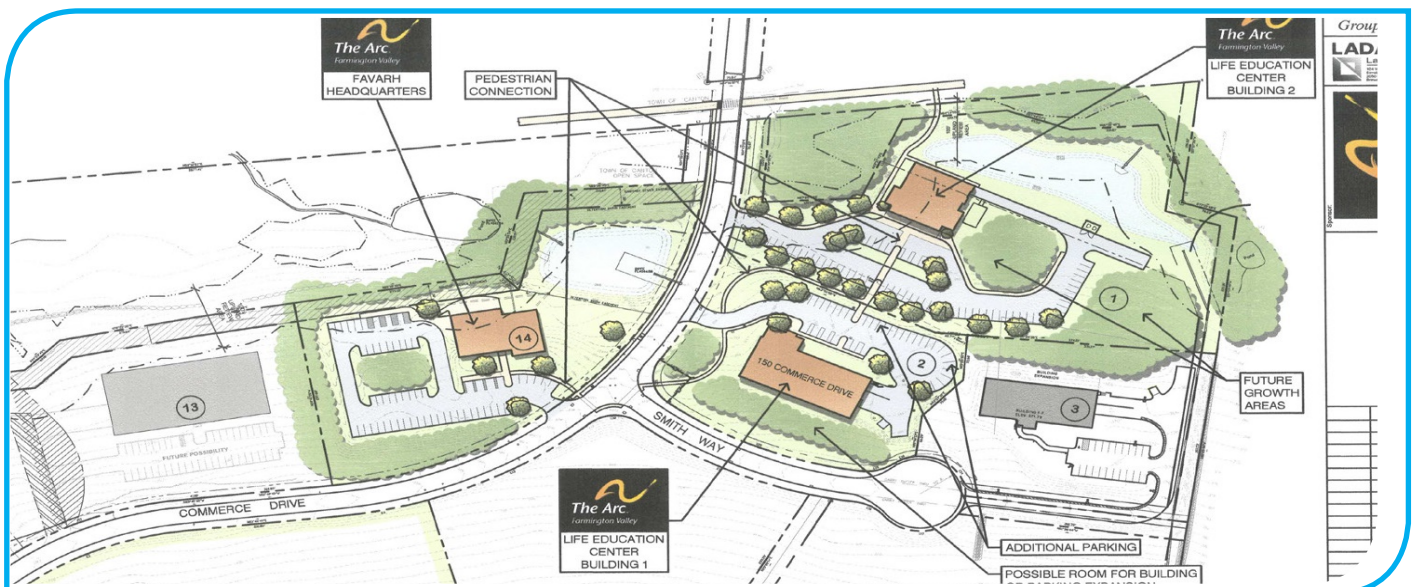
– Louise DeVanna

"My son DJ has been at Favarh for almost two years now and in those two years he has just grown tremendously...he has just become so independent and that has really given us some assurances that he will be okay...which we love...and I'm just amazed!"

– Antoria Howard

"Favarh is by far the best agency we've ever worked with. They have a very open and progressive view of how to do their programming and how to support individuals and give them the opportunity to be independent and make their own choices."

– Patricia Kral



The Solution

The LIFE EDUCATION CENTER (LEC) is our answer to this growing need. The LEC will enhance our unique Whole-Person (3-Pillar) approach to services...Growing Independence through: A Productive Day, A Place of My Own, and A Healthy Lifestyle.



A Productive Day

Transitioning high school students up to age 21 will utilize the LEC's **computer labs** and **classrooms** for learning job-readiness skills, functional academics, social skills, and problem resolution. The curriculum will also focus on resume preparation, interview and job seeking skills in conjunction with internship and paid work placements. Through a unique partnership with Tunxis Community College, qualified students have the opportunity to take or audit classes, participate in on-campus activities, and connect with a student mentor. A state-of-the art **Teaching Kitchen** and the **Healthy Choices Café** will provide work experience for student interns who will be able to earn a Food Safety Training Certificate. All of this and more leads to successful post-graduation placements in individual and group supported employment.



A Place of My Own

The Teaching Kitchen will provide **Culinary Programs** for meal planning, preparation, and cooking skills needed for living on your own. The teaching kitchen will allow us to greatly expand our recently implemented garden-to-table nutrition program. The kitchen will also provide a commissary service where delicious meals can be purchased by clients looking for the convenience of nutritious, calorie-limited, and prepared meals.

There will also be space to teach **Independent Living Skills** including housekeeping, money management, laundry, safety, public transportation, and healthy relationships in preparation for a successful first apartment experience.

"Favarh helped me to find a roommate, they helped me find an apartment, and they helped me find a new job. I volunteer at the local fire department; I participate in the Inspirational Arts Program, and the Cooking Program. I have a very busy schedule. I love being on my own."

– Christian Lawson





A Healthy Lifestyle

Increased Physical Activity: All of our *Recreation & Wellness* programs will be based out of the LEC. Monthly calendars will include diverse opportunities each week to participate in a variety of physically active programs including Unified Fitness, Softball, Hiking, Basketball, Flag Football, Yoga-Dance, Floor Hockey, Soccer, Dances, Camping, Walking, and more.

Improved Nutrition: *The Teaching Kitchen* and the *Healthy Choices Café* will allow us to promote improved nutrition throughout Favarh and the community by hosting public cooking classes, cooking demonstrations, nutrition workshops, along with providing healthy meals and food items for purchase.

Enhanced Emotional Well-Being:

The Life Education Center's *classrooms* and *activity space* will be used to teach and practice well-being skills including: increasing positive emotions, identifying strengths, increasing positive relationships, creating more purpose and meaning in life, enhancing resilience, gaining a sense of control, setting goals, and gaining self-confidence through advocacy and other group empowerment activities.

"The Life Education Center is a real game-changer for people with intellectual disabilities and their families."

– Steve Morris, Executive Director

Why Favarh

Favarh is different. Because of support from you and our other partners, we can provide new and innovative programs. The Life Education Center is just our newest project. Here are a few other examples of what makes us unique:

- **Dementia Program:** With your help, we opened the first facility in Connecticut specifically designed for people with intellectual disabilities and dementia (March 2014).
- **Assisted Living Technology:** The second "Smart Home" conversion in Connecticut for a person with intellectual disabilities has allowed one Favarh client to stay in her apartment as she ages with the use of assisted living technology (March 2014).
- **Unified Fitness:** Through a partnership with Special Olympics, UConn, and the A.J. Pappanikou Center, this innovative program gets people with and without disabilities more physical active (September 2013).
- **Healthy Nutrition:** Through partnerships with the University of St. Joseph, The Shoppes at Farmington Valley, and the Simsbury Community Farm, we have created healthier menus for our residents, we have started an organic garden, and we are teaching cooking skills and garden-to-table nutrition based on the Harvard Healthy Eating Plate (May 2013).
- **Job Creation:** With the help of our business partners and area residents like you, we have created job opportunities for our clients with small business ventures including firewood bundling and cord wood delivery, landscaping services, document scanning services, bulk mailing, and document shredding services (2009).
- **Clustered Apartments:** With your help we have created a model of independent living supports that takes advantage of "clusters"

of apartments within the same complex allowing for shared staff, shared transportation, and plentiful social opportunities. This approach is more cost effective and successful than other models (2008).

Why You



- It has always taken a village to support our clients. This collaboration includes families, business partners, the Department of Developmental Services, community organizations, Favarh employees, volunteers, foundations, and **YOU**.
- No one understands better than you how people with intellectual disabilities add richness and context to a more diverse and welcoming community by:
 - Enriching our work environments;
 - Enhancing our neighborhoods; and
 - Giving back through community service

Seven Reasons to Give

- 1. Your Contribution Helps Ensure A Future** where people with intellectual disabilities become genuinely contributing employees, neighbors, and community members less dependent on us and more in charge of their own lives.
- 2. Department of Developmental Services (DDS) funding covers only about 2/3 of the cost for our programs and services** and State and Federal funding has declined in recent years. Some programs such as Recreation & Wellness receive no funding.
- 3. Your Contribution Provides Assurance To Parents** who need to know that their family member will be well cared for after they are gone.
- 4. The Life Education Center Has the Potential To Become a Model** for others across the nation thereby multiplying the return on your investment!

- 5. Favarh Has Staying Power and with your help** we will be around for future generations of families and their children with intellectual disabilities.
- 6. To be a part of something new, something cutting edge, and something truly important.**
- 7. Every Gift Makes a Difference In Someone's Life!**

"Never doubt that a small group of thoughtful, committed citizens can change the world; indeed, it's the only thing that ever has."

– Margaret Mead

Dan's Story

Everyone who comes to Favarh is exceptional... to us, to you, to the community. Take Danny Attenello. "Danny is exuberant. He's loving, he's kind, he's compassionate, he's handsome... and he's my son," says his mom Ronni Attenello.

"He always told me when he grew up and graduated, he was going to get his own apartment like his brothers."

"It's been four years now. Thanks to Favarh, he lives with two other roommates in a three-bedroom townhouse. He does his own laundry, he grocery shops, and he works," she reports.

"He has a well-rounded life."

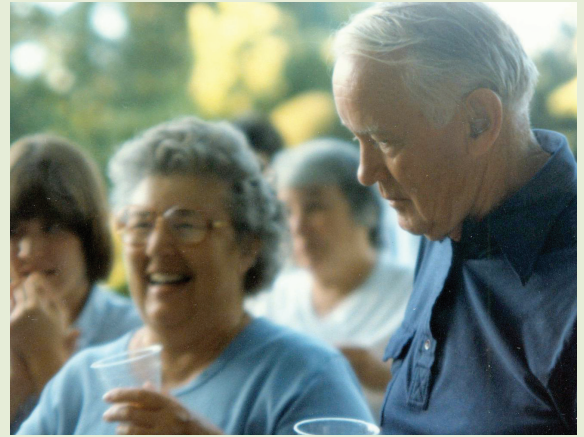
"I love my job," Danny adds.



Join Our Campaign

A generous donor was so enthusiastic about our accomplishments and our future plans for the **Life Education Center** that he and his wife provided a **1 million matching grant** for this 2 million dollar project in memory of his sister and her husband.

His only condition...we must raise the entire matching million dollars to acquire this generous gift and forge the dreams that will emerge from the Harry and Renee Haag Life Education Center.



Harry and Renee Haag

TIMELINE

- 2015** Secure land purchase and grow Capital Campaign
- 2016** Purchase land, Hire Architect, Out to Bid, Hire Contractor
- 2017** Construction starts
- 2018** Construction completion



Our Campaign Grows!

In early 2016, Favarh received notice that they had been awarded a 1.5 million dollar grant from the State of Connecticut to add a second building to the Life Education Center project! Buildings 1 and 2 of the project will be next door to each other on Commerce Drive (see aerial view in **The Need** section on p.2). A prototype of building 2 is pictured below.

By joining our campaign now, your contribution can go even further!

We can help you make a 'smart' donation

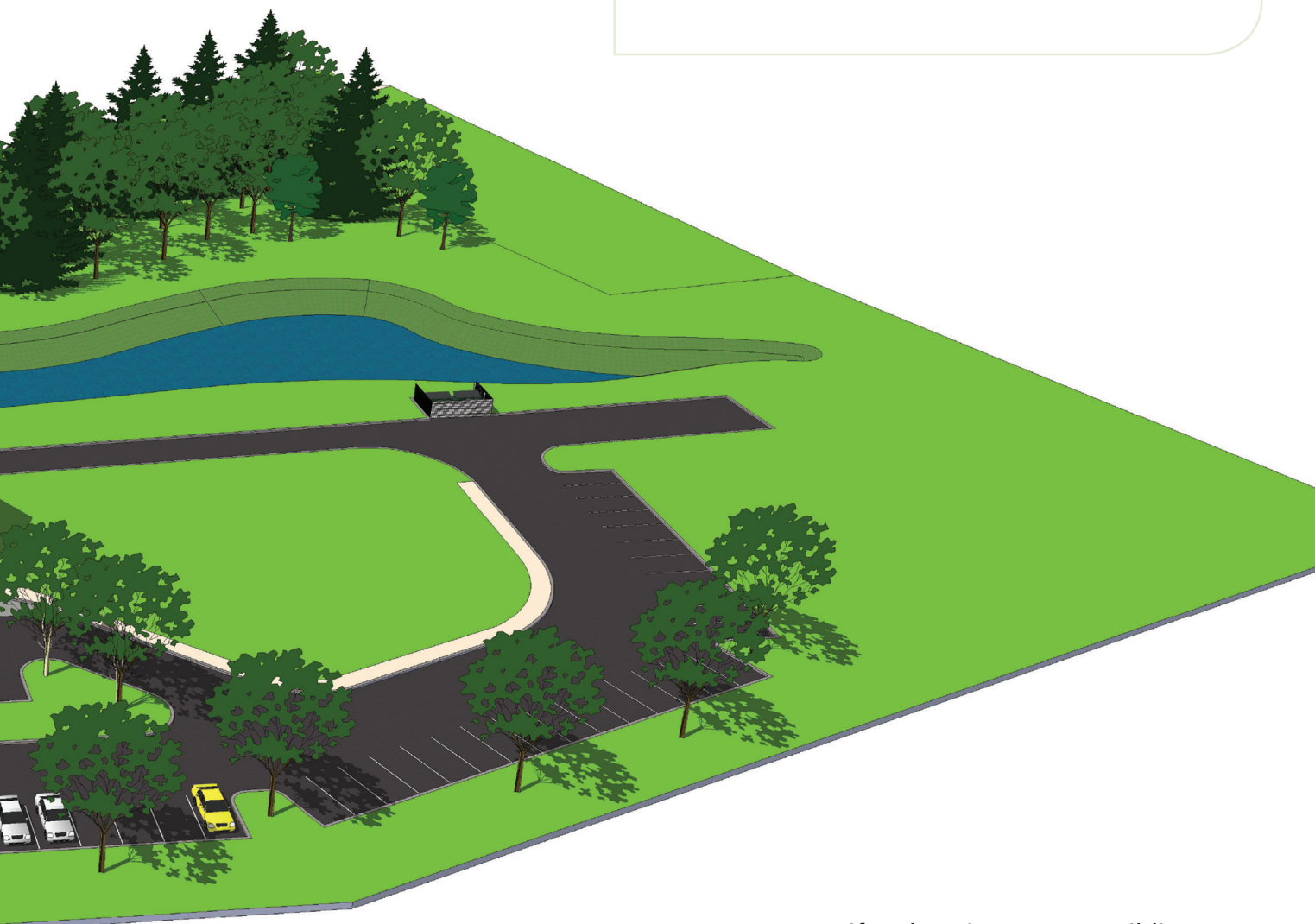
We look forward to meeting with you to discuss the Campaign and wise giving options. We also have naming opportunities. Please contact us, and thank you!

Steve Morris

(860) 693-6662 x123, smorris@favarh.org

Ronelle Cipolla

(860) 693-6662 x116, rcipolla@favarh.org



Life Education Center Building 2



Thank you for considering the
LIFE EDUCATION CENTER
campaign

FAVARH IN THE BEGINNING

Favarh was founded in 1958 by eight local families who wanted a better life for their children with intellectual disabilities. With money raised through tag sales, bake sales, and a Thrift Shop, a part-time teacher was hired and the Favarh Day School was opened in the basement of a local church for children in the Farmington valley.

FAVARH TODAY

Today, we are the Arc of the Farmington Valley, a local chapter of the Arc, the world's largest community-based organization for people with intellectual and developmental disabilities.

Favarh supports more than 350 children, adults, seniors, and families throughout the Farmington Valley area and beyond.



OUR MISSION

To help each person achieve his or her personal best.

GROWING INDEPENDENCE ONE PERSON AT A TIME



The Arc

Favarh

Favarh

225 Commerce Drive
Canton, CT 06019
(860) 693-6662
www.favarh.org